

## **Transcript: The Right Decision for Me**

Gary: Me, it was the right decision to have the weight loss surgery. It has provided so much benefit for me. I've lost a lot of weight. I have more energy. I can do more things, do more things with my wife which we can enjoy. So, yes, I'm so glad that I made that decision to do it and I would highly recommend it to anyone else who has a weight problem to look into having the weight loss surgery.